

COVID-19 Point Sheet

Date: _____

2-Completed task without reminders, 1-completed tasks with reminders, 0-Didn't complete

Time	Follows Directions	Use Kind Words	Safe Hands and feet	Try my best	Points
9:00-10:00 Check-in with kids/movement or an athletic activity					
10:00-11:00 Academics					
11:00-12:00 Creative time-arts or projects					
12:00-12:30 Lunch					
12:30-1:00 Chores					
1:00-2:00 Silent Reading					
2:00-3:30 Academics					
3:30-5:30 Educational video					
5:30-6:00 Dinner					
6:00-8:30 FREE TIME					
8:30-9:00 Bedtime					

Total points:

Level 4: 88-79 points

Level 3: 69-78 points

Level 2: 59-68 points **Level 1:** Below 59 points